

# SEA 2023 FALL MEETING



## Registration Brochure

#SEA23Fall  
@SEAnesHQ

*Building Bridges, Building Teams: Challenges in Academic Medicine*

**November 2, 2023**  
**Swissôtel Chicago • Chicago, Illinois**



Jointly Provided by the American Society of Anesthesiologists (ASA) and the Society for Education in Anesthesia (SEA).

Register Online at [www.SEAhq.org](http://www.SEAhq.org)



 [info@seahq.org](mailto:info@seahq.org)

 (414) 389-8614

 [www.seahq.org](http://www.seahq.org)

# Program Information

## Target Audience

This meeting is intended for medical students, residents, and faculty physician educators in anesthesiology and related disciplines to network, learn best practices in medical education, and to further the medical education of anesthesiologists.

## About This Meeting

The purpose of this annual meeting is to educate and share information that will enable anesthesia educators to provide the highest level of education and improve patient outcomes. Opportunities for questions and answers will be provided at the conclusion of each presentation.

Learners will acquire skills to become more effective educators of medical students and resident physicians and to produce graduates who meet the differing expectations of the various education stakeholders.

## Registration

Registration for the 2023 Fall Annual Meeting includes a continental breakfast, coffee breaks, lunch, all workshops, and the program syllabus. Note that all fees are quoted in U.S. currency. Non-Member registration fee includes SEA Active Membership Dues for the remainder of 2023. Member registrants must have 2023 dues paid in order to receive the member discount. Registration for the meeting can be made either by using the registration form in this brochure or through the SEA's website at [www.SEAhq.org](http://www.SEAhq.org).

## Early Registration Deadline

The early registration deadline for the meeting is October 2, 2023. Registrations received after October 2, 2023, will be processed at a higher fee.

## Accreditation and Designation Statements

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Society of Anesthesiologists and the Society for Education in Anesthesia.

The American Society of Anesthesiologists is accredited by the ACCME to provide continuing medical education for physicians.

The American Society of Anesthesiologists designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

## Disclaimer

The information provided at this activity is for continuing medical education purposes only and is not meant to substitute for the independent medical judgment of a healthcare provider relative to diagnostic and treatment options of a specific patient's medical condition.

## Disclosure Policy

The American Society of Anesthesiologists remains strongly committed to providing the best available evidence-based clinical information to participants of this educational activity and requires an open disclosure of any potential conflict of interest identified by our faculty members. It is not the intent of the American Society of Anesthesiologists to eliminate all situations of potential conflict of interest, but rather to enable those who are working with the American Society of Anesthesiologists to recognize situations that may be subject to question by others. All disclosed conflicts of interest are reviewed by the educational activity course director/chair to ensure that such situations are properly evaluated and, if necessary, resolved. The American Society of Anesthesiologists educational standards pertaining to conflict of interest are intended to maintain the professional autonomy of the clinical experts inherent in promoting a balanced presentation of science. Through our review process, all American Society of Anesthesiologists activities are ensured of independent, objective, scientifically balanced presentations of information. Disclosure of any or no relationships will be made available for all educational activities.

## Disclosures

This activity's content is not related to products or services of an ACCME-defined ineligible entity; therefore, no one in control of content has a relevant financial relationship to disclose, and there is no potential for conflicts of interest.

## Special Needs

The Society for Education in Anesthesia fully complies with the legal requirements of the Americans with Disabilities Act and the rules and regulations thereof. If any attendee in this educational activity is in need of accommodations, please contact the SEA at [office@seahq.org](mailto:office@seahq.org) or (414) 389-8614.

## Cancellation Policy

Cancellations received through October 6, 2023 will receive a full refund. Cancellations received from October 7, 2023 through October 28, 2023 will receive a refund less a \$200 administration fee. Refunds will not be given after October 28, 2023. Cancellation of a meeting registration must be submitted in writing. Refunds will be determined by date written cancellation is received at the SEA office in Milwaukee, WI

## Overall Learning Objectives

At the conclusion of this activity, participants should be able to:

- Identify challenges in academic medicine.
- Implement strategies to optimize interprofessional relationships and foster a culture of teamwork and cooperation.
- Create a roadmap for change.

# Workshop Program Objectives *(Listed Alphabetically)*

## **Beyond “Keep Calm and Carry On” – Teaching Resiliency Skills in Simulation for OR Teams**

*Elizabeth M. Putnam, MBBS; Danielle Saab, MD; Lara Zisblatt, EdD, MA, PMME; Ruchika Gupta, MD; Rebecca C. Nause-Osthoff, MD; Sindhu Samba, MD*

After attending this workshop participants will:

- Identify and normalize emotional reactions to stressful cases, clinical complications, and mistakes.
- Define the terms “second victim” and “secondary trauma.”
- Describe the 4Rs of Resiliency: Recognize, Reflect, Re-frame, and Reach out, and the principles of Cognitive Behavioral Therapy which underpin them.
- Apply the 4Rs following a clinical stressor, traumatic case, or life-event.
- Describe how to facilitate simulation training that applies the 4Rs.

## **Bridging Challenges in Academic Medicine: Fostering Growth and Resilience Through an Early Career Mentorship Program**

*Herodotos Ellinas, MD, MHPE; Tiffany K. Cheng, MD; Perin Kothari, DO; Viji Kurup, MD*

After attending this workshop participants will:

- Create a toolkit within one month of attending this workshop consisting of at least four distinct support documents to facilitate successful implementation of a mentorship program.
- Identify and list at least three necessary resources needed to support a mentorship program at their institution.
- Engage at least two key stakeholders within two months of the workshop to start and support a mentorship program, as evidenced by written agreements or similar documented commitments.

## **Coaching Skills to Enhance Your Effectiveness as a Team Leader or Facilitator**

*Karen J. Souter, MB, BS, PCC, MACM; Rumeena Bhalla, MB, ChB, ACC, MA; Nicholas S. Yeldo, MD*

After attending this workshop participants will:

- Describe team building stages (Tuckman Model) and Team Dysfunctions (Lencioni)
- Identify coaching competencies they can use to build team rapport and effectiveness.
- Demonstrate how to use a simple coaching tool (Listen - Pause - Ask) in a variety of team building situations.
- Practice working with the Listen - Pause - Ask tool in small groups.
- Reflect on how they might use the Listen - Pause - Ask tool in their own practices as team leaders and facilitators.

## **Enhancing Interpersonal Communication and Team Facilitation Skills—An Innovative Immersive Workshop Using Improvisational Theater and Design-Thinking Concepts**

*Ruth Fanning, MB, MRCPI, FCARSCI; Naola Austin, MD; Susan Eller, PhD, RN, CHSE; Sara Goldhaber-Fiebert, MD; Teresa Roman-Micek, BS, CHSOS; James N. Lau, MD, MHPE, FACS*

After attending this workshop participants will:

- Understand the ACGME requirements for Interpersonal and Communication Skills and the skills needed at each level of the milestones
- Understand basic organizational psychological principles of human behavior and interaction and how it impacts outcomes for patients and the organization.
- Identify gaps in their own curricula and programs in teaching communication and facilitation skills, particularly Inter-disciplinary skills
- Demonstrate different communication styles, both verbal and non-verbal.
- Demonstrate examples of active listening.
- Describe different sources of bias, frames, and hierarchy and how they influence organizational culture, in particular, safety culture.
- Understand team dynamics and be able to distinguish different team styles and communication patterns.
- Leverage this knowledge to enhance individual and team performance.
- Identify areas across the ACGME core competencies where they can apply these skills.
- Describe how they will implement these techniques in their programs.
- Create an action plan to develop or enhance their communication and team facilitation curriculum.

## **Faculty Success: Career Development Tools That Work**

*Mada F. Helou, MD, FASA; Muhammad Jaffar, MD; Nicholas Pesa, MD; Maya Hastie, MD; David Stahl, MD; Baron Elvera, MD, PhD, FASA, FASE*

After attending this workshop participants will:

- Construct a comprehensive career road map (vision)
- Identify and rectify limiting thoughts to enhance a growth mindset
- Identify 4 time management tools to increase efficiency and productivity
- Identify 2 intentional networking strategies to build lasting collaborations

# Workshop Program Objectives *(Listed Alphabetically)*

*continued from previous page*

## **Implicit Bias: Recognizing Our Blind Spots to Build Better Teams**

*Heather A. Ballard, MD, MS, FAAP; John D. Mitchell, MD; Chelsea Willie, MD; Mitchell Phillips, MD; Tanna Boyer, DO; Julie Williamson, DO*

After attending this workshop participants will:

- Analyze how different types of bias can affect relationships between colleagues and between practitioners and patients
- Demonstrate how to use allyship skills to combat microaggressions
- Act to limit unconscious bias in one facet of their professional practice

## **Let's Get Ready to [Story] RUMBLE: Strategies to Resolve Conflict Among Teams**

*Rachel Moquin, EdD, MA; Lara Zisblatt, EdD, MA, PMME; Danielle Saab, MD; Allison Mitchell, MD*

After attending this workshop participants will:

- Identify the importance of clear communication and healthy team dynamics in the healthcare setting
- Describe the story rumble process and how it might be used to address conflict in healthy ways
- Practice using the story rumble framework
- Reflect on application of story rumble concepts in their own settings

## **Overcoming Workplace Silos to Improve Well-Being**

*Kristin M. Bevil, MD; Dawn Dillman, MD; Robert E. Shaw, MD; Sabrina Sam, MD; Jason Lee, MD*

After attending this workshop participants will:

- Define workplace silos and identify their own within their professional identities.
- Discuss positive and negative impact of workplace silos on workplace and individual well-being
- Develop strategies to overcome workplace silos and improve well-being

## **Partnering with Trainees: Simple Strategies for a Complex World**

*Nicholas S. Yeldo, MD; John D. Mitchell, MD; Jayakar Guruswamy, MD; Carol Ann B. Diachun, MD, MSED; Mitchell Phillips, MD; Heather A. Ballard, MD, MS, FAAP*

After attending this workshop participants will:

- Explore how resident and faculty relationships are impacted by ongoing stressors in the world and work environment of healthcare.
- Understand how core principles can be used to shape policy and training program infrastructure.
- Apply techniques taught to real world examples provided by participants to improve relationships and training environments.

## **The Digital Bridge in Anesthesiology Education: Introducing ChatGPT to Your Team**

*Lawrence F. Chu, MD, MS (BCHM), MS (Epidemiology); Janak Chandrasoma, MD; Melissa Hicks, BA; Alex J. Goodell, MD, MS; Tomoko J. Wilson, Medical Student; Viji Kurup, MD*

After attending this workshop participants will:

- Comprehend the Functionality and Applications of ChatGPT: Participants will articulate the key capabilities, unique affordances, and potential roles of ChatGPT in enhancing the efficiency and quality of anesthesia education.
- Master Practical Uses of ChatGPT: Participants will demonstrate the ability to employ ChatGPT effectively to respond to student inquiries, facilitate self-directed learning, support medical research, conduct literature reviews, and generate educational content.
- Acquire Hands-on Experience with ChatGPT: In a group-oriented setting, participants will actively engage in practical exercises focusing on four primary applications of ChatGPT in anesthesia education, enabling them to understand its utility and versatility.
- Strategize AI Implementation: Participants will devise actionable strategies for integrating AI tools like ChatGPT into their everyday educational workflows, with the objective of enhancing both efficiency and effectiveness.
- Apply Workshop Insights in Real-world Scenarios: Participants will apply the knowledge and skills acquired during the workshop to real-world scenarios, effectively incorporating

## **Using Applied Improvisation for Conflict Resolution**

*Lara India, MD; Laura S. Gonzalez, MD; Jessica L. De Santis, PhD*

After attending this workshop participants will

- Discuss components of improvisational theater and how they can be used to practice conflict management techniques in the perioperative setting.
- Demonstrate communication skills, leadership, and interprofessional teamwork through use of improvisational theater techniques.
- Compare and contrast methods for addressing conflict in the perioperative setting through using improvisation techniques.
- Deconstruct various scenarios of perioperative conflict.
- Articulate novel solutions to common perioperative conflicts.

# Program Schedule

## Thursday, November 2, 2023

Time	Event
6:30am – 4:00pm	<b>SEA Fall Meeting Registration</b>
7:00am – 7:55am	<b>Breakfast &amp; Committee Roundtable Discussions</b>
8:00am – 8:15am	<b>Welcome and Announcements</b> <i>Titilopemi Aina, MD, MPH (Co-Chair, 2023 Fall Meeting) &amp; K. Karisa Walker, MD, MEd (Co-Chair, 2023 Fall Meeting)</i>
8:15am – 9:15am	<b>McLeskey Lecture: “Are You Fostering Effective Interprofessional Collaboration in Your Training Program?”</b> <i>Jeffrey B. Cooper, PhD</i>
9:15am – 10:15am	<b>Panel Session: Generational Differences in the Workplace</b> <i>Jue T. Wang, MD; Cathie T. Jones, MD; Mike Hernandez, MD; Del Lamb, MD</i>
10:15am – 10:30am	<b>Coffee Break</b>
10:30am – 12:00pm	<b>Workshops – Set #1 (Space is limited to 30 per workshop)</b>
	<b>Workshop A:</b> Bridging Challenges in Academic Medicine: Fostering Growth and Resilience Through an Early Career Mentorship Program
	<b>Workshop B:</b> Coaching Skills to Enhance Your Effectiveness as a Team Leader or Facilitator
	<b>Workshop C:</b> Enhancing Interpersonal Communication and Team Facilitation Skills–An Innovative Immersive Workshop Using Improvisational Theater and Design-Thinking Concepts
	<b>Workshop D:</b> Implicit Bias: Recognizing Our Blind Spots to Build Better Team
	<b>Workshop E:</b> Let’s Get Ready to [Story] RUMBLE: Strategies to Resolve Conflict Among Teams
<b>OR</b>	
10:30am – 12:00pm	<b>General Session</b>
10:30am – 11:15am	<b>Everything I Wanted to Know About Career Development and Leadership but Was Afraid to Ask</b> <i>Michael Lewis, MD, FASA; Nicholas S. Yeldo, MD</i>
11:15am – 12:00pm	<b>Leading from the Middle</b> <i>Vanessa Olbrecht, MD, MBA, FASA</i>
12:00pm – 1:00pm	<b>Membership Luncheon and Business Meeting</b>
1:00pm– 1:45pm	<b>Duke Award Presentation &amp; Lecture</b> <i>Michael Lewis, MD, FASA</i>
1:45pm – 2:45pm	<b>Simulation/Anesthesia Education</b> <i>Sam Lampotang, PhD, FSSH, FAIMBE</i>
2:45pm – 3:00pm	<b>Coffee Break</b>
3:00pm – 4:30pm	<b>Workshops – Set #2 (Space is limited to 30 per workshop)</b>
	<b>Workshop A:</b> Beyond “Keep Calm and Carry On” – Teaching Resiliency Skills in Simulation for OR Teams
	<b>Workshop B:</b> Faculty Success: Career Development Tools That Work
	<b>Workshop C:</b> Overcoming Workplace Silos to Improve Well-Being
	<b>Workshop D:</b> Partnering with Trainees: Simple Strategies for a Complex World
	<b>Workshop E:</b> The Digital Bridge in Anesthesiology Education: Introducing ChatGPT to Your Team
	<b>Workshop F:</b> Using Applied Improvisation for Conflict Resolution
4:30pm – 5:30pm	<b>Social/Networking Hour</b>

# Program Planning Committee

**Titilopemi Aina, MD, MPH**  
Co-Chair, 2023 Fall Meeting  
Associate Professor  
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Texas Children's Hospital  
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**Lara Zisblatt, EdD, MA  
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Education Specialist  
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## Hotel and Transportation Information

**Swissôtel Chicago**

323 East Upper Wacker Drive  
Chicago, IL 60601  
Phone: (312) 565-0565

<http://www.swissotel.com/hotels/chicago/>

Reservations start at \$259/night.

Make your reservations online at:

<https://book.passkey.com/e/50549841>

Or call: 888-737-9477 and mention you are booking a room for the Society for Education in Anesthesia Fall Meeting.

**\*Please Note:** If you are planning to attend the SAAAPM Annual Meeting afterwards, you will need to make a second reservation for those nights online at <https://book.passkey.com/e/50549817> or by calling the Swissotel Reservations Department at 1-888-737-9477. The hotel will assign you the same room for your entire stay.

**Local Airports**

**O'Hare International Airport (ORD)**, located 17 miles from downtown, is one of the largest airports in the world.

**Midway International Airport (MDW)** is located 10 miles from downtown Chicago is another convenient travel option.

Visit [www.flychicago.com](http://www.flychicago.com) for details on parking, amenities, flight status, terminal maps and more for both O'Hare and Midway airports.

Both airports offer plentiful taxi service to downtown. Rates range from \$40-50 from O'Hare, and \$30-40 from Midway. Rates vary based on travel time and are subject to change.

The hotel does not provide shuttle service.

For more information on light rail, visit: [www.transitchicago.com/airports](http://www.transitchicago.com/airports)

**Parking**

The Swissôtel Chicago offers 24-hour valet parking and will provide a 50% discount on the published valet pricing at time of check-in for SEA attendees. **Please request your coupon for discounted valet parking at the meeting registration desk.** You do not need to stay at the hotel to receive discounted parking.

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The registration deadline for the early bird rate is October 2, 2023.  
After you registration is processed, a confirmation email will be sent to the address listed on this form.

*First Name	MI	*Last Name
*Affiliation(s) and Degrees(s)	*Institution	
*Title	*Mailing Address	
*City	*State	*Zip Code
*Daytime Phone	Fax	
*Email Address	*ASA Membership #	

*\*Required Information*

Registration Fees	Early Bird By October 2	After October 2
<input type="checkbox"/> SEA Member .....	\$245.00 .....	\$295.00 .....
<input type="checkbox"/> Non-Member* .....	\$495.00 .....	\$545.00 .....
<input type="checkbox"/> International Non-Member* .....	\$275.00 .....	\$325.00 .....
<input type="checkbox"/> Emeritus Member .....	\$150.00 .....	\$200.00 .....
<input type="checkbox"/> Resident, Fellow or Medical Student Member .....	\$100.00 .....	\$100.00 .....
<input type="checkbox"/> Resident, Fellow or Medical Student Non-Member* .....	\$115.00 .....	\$115.00 .....

*\*Includes Membership for remainder of 2023 and 2024 calendar year.*

**Total Fees Due to SEA:** \_\_\_\_\_

Cancellations received through October 6, 2023 will receive a full refund. Cancellations received from October 7, 2023 through October 28, 2023 will receive a refund less a \$200 administration fee. Refunds will not be given after October 28, 2023. Cancellation of a meeting registration must be submitted in writing. Refunds will be determined by date written cancellation is received at the SEA office in Milwaukee, WI

### Method of Payment

**Check** (made payable to Society for Education in Anesthesia and must be in U.S. funds drawn from a U.S. bank)

**Visa**  **MasterCard**  **Discover**  **American Express**

Credit Card Number	CVV Number	Exp. Date
Name on Card		
Authorized Signature		

### Special Needs

I will require special needs for attending this meeting. If so, please contact SEA at (414) 389-8614.

**Please mail or fax both pages of form with payment to:**

**SEA**  
6737 W Washington St,  
Suite 4210  
Milwaukee, WI 53214

**Fax: (414) 755-1346**

**Or register online at**  
**www.SEAhq.org**

**Questions? (414) 389-8614**

**Please select your Workshops on page 2 of the registration form.**

SEA 2023 Fall Meeting - November 2, 2023 • Swissôtel Chicago • Chicago, Illinois

*First Name	MI	*Last Name
*Affiliation(s) and Degrees(s)		*Institution

## Workshops (Select 1 Per Set):

### Morning Workshops **-OR-** General Session (10:30am – 12:00pm):

- Workshop A:** Bridging Challenges in Academic Medicine: Fostering Growth and Resilience Through an Early Career Mentorship Program
- Workshop B:** Coaching Skills to Enhance Your Effectiveness as a Team Leader or Facilitator
- Workshop C:** Enhancing Interpersonal Communication and Team Facilitation Skills—An Innovative Immersive Workshop Using Improvisational Theater and Design-Thinking Concepts
- Workshop D:** Implicit Bias: Recognizing Our Blind Spots to Build Better Team
- Workshop E:** Let's Get Ready to [Story] RUMBLE: Strategies to Resolve Conflict Among Teams

**-OR-**

- General Session:** “Everything I Wanted to Know About Career Development and Leadership but Was Afraid to Ask” and “Leading from the Middle”

### Afternoon Workshops (3:00pm – 4:30pm):

- Workshop A:** Beyond “Keep Calm and Carry On” – Teaching Resiliency Skills in Simulation for OR Teams
- Workshop B:** Faculty Success: Career Development Tools That Work
- Workshop C:** Overcoming Workplace Silos to Improve Well-Being
- Workshop D:** Partnering with Trainees: Simple Strategies for a Complex World
- Workshop E:** The Digital Bridge in Anesthesiology Education: Introducing ChatGPT to Your Team
- Workshop F:** Using Applied Improvisation for Conflict Resolution

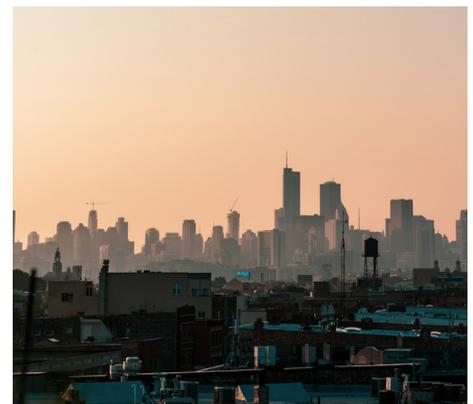
*Mark your calendar and be sure to join us at future SEA Meetings*



**2024 Workshop on Teaching**  
January 27-30, 2024  
The Alford Inn  
Winter Park, FL



**2024 Spring Meeting**  
April 19-21, 2024  
Loews Philadelphia Hotel  
Philadelphia, PA



**2024 Fall Meeting**  
November 6, 2024  
Swissôtel Chicago  
Chicago, IL